

Brendo is recovering well after his recent accident and has resumed a light exercise routine in order to get his body ready in time for next month's World Rally Championship round in northern NSW.

After consultation with his doctors, Brendo has resumed a program of strengthening exercises and is feeling stronger every day. He is still focused on competing for the Pirelli Star Driver title at Repco Rally Australia and is following a strict plan to ensure he is in the best possible shape to do so.

Rhianon is also making a strong recovery despite a number of operations to pin the bones in her broken legs and she is remaining very positive. Rhianon has had lots of visitors and received lots of gifts and she still has her trademark smile on her face!